

HIGH ABSORPTION CALCIUM II



*Calcium is an important part of everyone's life.
It plays a vital role in every stage of human growth.
In addition, this formula contains
Aquamin Calcium, Pumpkin Seed & Cinnamon Extract
To assist you in helping to balance your blood sugar levels*

BENEFITS:

Supports Healthy Blood Sugar Levels:

- Pumpkin Seeds have been used in Traditional Chinese Medicine for years to assist people maintain healthy blood sugar levels.
- Numerous emerging studies are finding that cinnamon has beneficial effects on blood sugar levels.

Supports the Skeletal System:

- Calcium is a vital nutrient needed for your body to function effectively.
- Regular exercise along with a healthy diet rich in calcium assists teens, young adults, and women in maintaining good bone health to prevent their high risk of osteoporosis later in life.

Supports the Metabolic System:

- Calcium intake has been related to weight control.
- When your intake of calcium is low, your body goes into emergency mode and releases more parathyroid hormones. This parathyroid hormone stimulates the production of and inhibits the breakdown of fat. Therefore, with calcium intake, your body lets go of these fat stores more easily.

Supports the Cardiovascular System:

- Low calcium intake and high blood pressure are closely related.
- Calcium helps contract and relax your heart muscles.
- With a calcium shortage, your body releases the hormone calcitriol, which constricts the muscle walls of the arteries, and raises blood pressure.
- Calcium also helps the nervous system regulate artery pressure.
- Supports urinary system.

UNIQUE FEATURES & BENEFITS:

High Absorption Calcium II combines the 2 ingredients, cinnamon and pumpkin seed, backed by traditional use and modern research from opposite ends of the globe, to help people balance blood sugar levels. Compared to other calcium sources, Aquamin has shown to suppress the activity of the parathyroid hormone. This hormone is said to be responsible for calcium release in the body. This process may weaken bones and lead to osteoporosis. Therefore, it is vital to suppress the parathyroid hormones in a consistent manner, to maintain strong and healthy bones. Tiens High Absorption Calcium II will allow you to do this.

Aquamin is 100% Plan Derived and Lactose Free, rich in Calcium, Magnesium, and contains over 70 other important trace minerals. It is harvested from the Atlantic Ocean near Ireland. The raw material is purified, sterilized, dried, milled and packed under strict ISO, GMP, and HACCP Certification.

FREQUENTLY ASKED QUESTIONS:

What is the benefit of the other vitamins and minerals in this Calcium formula?

Vitamin C, D and Magnesium all work together to enhance the absorption of Calcium in the body.

Why is this formula in a powder form?

The powder when mixed with water or fruit juice is more easily absorbed by the body in a liquid form.

This powder form also makes it easier for children and older adults to consume.

FOS improves the balance of friendly bacteria, improving regularity in the colon.

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What is the function of FOS?

NutraFlora (Fructo-oligosaccharides or FOS): Gently shifts the balance of microflora in the stomach to a more favorable ratio of beneficial bacteria. As a soluble fiber, NutraFlora is extremely effective in normalizing digestive function. This is key to maximize the assimilation of vitamins and minerals into the body.

Why is calcium important?

Calcium is an important part of everyone's life. It plays a vital role in every stage of human growth. From 18-35 years old, our bone mass increases until it reaches its maximum mass. From 35-50, we gradually lose bone mass, and after the age of 50, the overall bone calcium will reduce 30%, and will reach 50% after the age of 70 years. An average diet often does not include enough calcium for a person to meet their daily intake requirements.

DID YOU KNOW?

- Calcium is the mineral most likely to be deficient in the average human diet
- Government statistics show that only about 21% of us get enough calcium
- About 99% of the calcium in the human body is held in the bones and teeth

KEY REFERENCES:

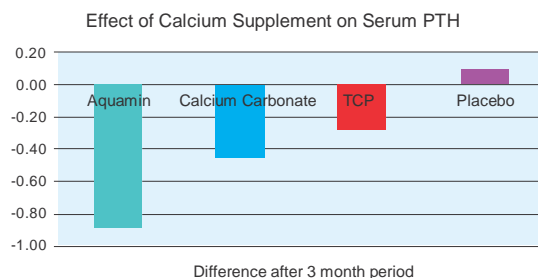
Calcium helps to prevent bone resorption and osteoporosis (Bendich et al. 1999; Celotti and Bignamini 1999; Ullom-Minnich 1999).

Calcium helps in the maintenance of bones and teeth (Shils et al. 1999; Marz 1997; Krook et al. 1972)

National Osteoporosis Foundation. Osteoporosis: review of the evidence for prevention, diagnosis, and treatment and cost-effectiveness analysis. Osteoporos Int. 1998; 8(suppl):S7-S80.

NIH Consensus Development Panel on Optimal Calcium Intake. Optimal Calcium Intake. JAMA. 1994; 272:1942-1948.

Morgan SL. Calcium and vitamin D in osteoporosis. Rheum Dis Clin North Am. 2001; 27:101-130.



Above clinical trial results shows the superior bioavailability of Aquamin as a calcium source over traditional calcium sources. Increases of the Parathyroid hormone (PTH) will cause an increase in the amount of calcium depletion from the bones.

INGREDIENTS & SUPPLEMENTAL FACTS:

300 grams

Each scoop (10g) contains:

Medicinal Ingredients:

Vitamin A palmitate 900 I.U., Vitamin D3 200 I.U., Vitamin C 10mg, Calcium* 500mg, Magnesium* 50mg, Cinnamon extract 4:1 20mg, FOS (fructo-oligosaccharide) 2400mg, Pumpkin seed 20mg. *derived from 1500mg Aquamin.

Non-medicinal ingredients:

powdered canola oil, maltodextrin, Skim milk powder, natural and/or artificial flavors.

DIRECTIONS FOR USE:

Dissolve 1 scoopful of powder into 4 to 6 fl. oz. water or juice.

For freshness, store in a cool, dry place.

WARNINGS:

Keep out of reach of children. If you are pregnant or lactating, or taking a prescription medication, consult a physician before using this product.

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