

TIENS-BLOC



*Tiens-Bloc - for when you have to cheat!
Not being able to eat the foods we love can be very difficult and frustrating! Tiens-Bloc is the solution. Tiens-Bloc is an extremely effective, stimulant free, all-natural herbal blend and, when taken before meals, helps block ingested fat and starch and can substantially reduce the amount of fat and starch absorbed from the foods you eat!*

BENEFITS:

Blocks starch and fats

- Can reduce digestion of about 85% of starch and 10-21 grams of fat per serving.
- Helps block excessive "bad fats" and unwanted carbohydrates/starches.

All natural

- Totally safe with no side effects

UNIQUE FEATURES & BENEFITS: (IF APPLICABLE)

Phaseolis Vulgaris (White Kidney Bean Extract) is an all-natural bean extract that neutralizes the digestive enzyme alpha amylase before it can convert starch into glucose and then to fat. Allows carbohydrates to pass through the system with less caloric intake

Opuntia Ficus-indica (Cactus Leaf Extract) contains a natural fiber complex derived from cactus leaf, specifically designed to bind fats in the stomach, so that they can't be absorbed into the small intestine and they are eliminated naturally through the system.

FREQUENTLY ASKED QUESTIONS:

What types of foods are considered starch?

Take Tiens-Bloc prior to any meal containing pasta, rice, potatoes, or bread...

Can I eat whatever I want while taking Tiens Bloc?

To get the best results, you must maintain a healthy lifestyle, including exercise, and a healthy diet.

KEY REFERENCES:

1. Phaseolus Vulgaris has shown a trend in reducing weight loss and triglyceride levels (Jay Udani et al., Alternative Medicine Review, 2004)
2. Clinical studies have shown NeOpuntia cactus to be effective for losing weight (John-Louis Jeremy, AGROFood Industry hi-tech, 1993).

SUPPLEMENTAL FACTS:

Each Capsule Contains:

White Kidney Bean Extract (Phaseolus Vulgaris) 250mg

Cactus Extract (Opuntia Ficus-indica) 200mg

Non-medical ingredients: Microcrystalline cellulose, magnesium stearate, gelatin, water

450mg 60 capsules/bottle

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DIRECTIONS FOR USE:

Take 2 capsules with 400ml of water, 15 minutes before each meal high in starch and/or fat.

WARNINGS:

Keep out of reach of children. If you are pregnant or lactating, or taking a prescription medication, consult a physician before using this product.

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