

NUTRACLEANSE



Tiens NutraCleanse contains soluble and insoluble fiber. The importance of fiber is well known for colon health; it helps aid in better digestion and cleansing. A healthy colon is essential for the absorption of vital nutrients and the natural elimination of waste and toxins by the body.

BENEFITS:

Colon Cleanser:

- Reduces transit time in the bowels and intestines and increases cholesterol disposal
- Helps relieve constipation
- Promotes digestion, by supporting the growth of healthy intestinal bacteria, enhancing nutrient absorption and providing anti-oxidant protection

Also:

- Helps stabilize blood sugar levels
- Helps maintain a healthy weight

UNIQUE FEATURES & BENEFITS:

This unique formula contains Glucomannan, a water-soluble dietary fiber that can help reduce the elevation of blood sugar levels that is typical after a meal. Glucomannan is taken from the Konnyaku root and is 100% natural dietary fiber without calories. It is essential for cleaning the digestive system, as it helps maintain regularity. It also helps to control cholesterol.

FOS improves the balance of friendly bacteria, improving regularity in the colon.

NutraFlora (Fructo-oligosaccharides or FOS): Gently shifts the balance of microflora in the stomach to a more favorable ratio of beneficial bacteria. As a soluble fiber, NutraFlora is extremely effective in normalizing digestive function.

Contains Soluble and insoluble fiber. Soluble fiber helps prevent cholesterol and insoluble fiber acts as a scrubbing broom in the colon. Dietary fiber has been shown to protect us from cancer (especially colon cancer), heart disease, bowel disease, including constipation and obesity.

FREQUENTLY ASKED QUESTIONS:

Can NutraCleanse help me lose weight?

NutraCleanse is an excellent source for weight management. Due to the well-formulated ingredients, NutraCleanse will aid in your daily digestion, thus providing an element of control over your weight. If combined with a well balanced diet and exercise, NutraCleanse can help in weight loss.

DID YOU KNOW?

Cassia Acutifolia: Is a shrub that grows in India, Pakistan and China. The leaves and pods are used for medical purposes. People in Northern Africa have been using it for centuries to treat constipation.

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KEY REFERENCES:

Clinical studies have shown that taking FOS can increase the number of friendly bacteria in the colon while also reducing harmful bacteria.

(Gibson GR, et al., Gastroenterology, 1995)

Studies have found that taking Glucomannan daily improves regularity.

(Marsicano LJ et al., GEN, 1995; Passaretti S, et al. Ital J Gastroenterology, 1991)

Senna leaf is approved by the World Health Organization (WHO) as a stool softener and a short-term treatment for constipation.

(WHO, 2006)

INGREDIENTS & SUPPLEMENTAL FACTS:

Fructo-oligosaccharides (FOS)	250mg
Glucomannan	20mg
Senna Leaf 4:1 (Cassia Senna)	20mg

Non-medicinal ingredients: Microcrystalline cellulose, Magnesium stearate, Gelatin, Water

520mg 90 capsules

DIRECTIONS FOR USE:

Take 2 capsules, twice daily, before meals

WARNINGS:

Keep out of reach of children. If you are pregnant or lactating, or taking a prescription medication, consult a physician before using this product. Must be taken with sufficient water to avoid expanding in the esophagus.

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